

UCD Healthy Eating Week 2020

UCD Nutrition Society

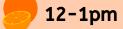
24th-27th February

All Week

Online / Social: Daily Challenges - Daily Cook-a-long's - Snack Swaps
Around Campus: Visit our Lifesize Social Media Feed

Monday

Orange Eating Competition



Outside JJ Library

Documentary: The Obesity Epidemic

1-2:30pm

Student Cinema

Tuesday

Ask the Dietitian 11am-2pm Health Science



Taste Test 12-2pm Newman



Healthy Eating
Workshop
1-2pm
(2.40 SCH)

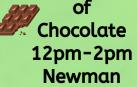
Wednesday

Sustainability
of
Milks
11am-2pm
Science Hub

Taste Test 12-2pm Student Centre Atrium

Thursday

Sustainability



Sustainable Diets
Panel Discussion
1-2pm
Moore Auditorium
(E.08 SCH)

Daniel Davy
Sports Nutrition Talk
4-5pm
Moore Auditorium
(E.08 SCH)

With Special Thanks to:
UCD Estate Services and the SU
without whom this wouldn't be possible





